




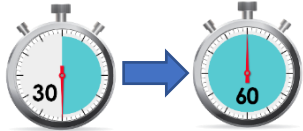





What is a Learning Disability Annual Health Check?

| | |
|---|---|
|  | <p>You can get an Annual Health Check if:</p> <ul style="list-style-type: none"> ☑ you have a Learning Disability and ☑ you are 14 years or older |
|  | <p>It's a head-to-toe health check</p> |
|  | <p>The doctor will ask lots of questions about how you are feeling</p> |
|  <p>Doctor's Surgery</p> | <p>It takes place every year at your doctor's surgery</p> |
|  | <p>It is free</p> |
|  | <p>Your appointment needs to be at least 30 minutes long</p> |
|  | <p>You will get a Health Action Plan that tells you how to stay healthy</p> |
|  | <p>Find out more about Annual Health Checks by speaking to your doctor's surgery</p> |
|  <p>It helps you to keep healthy.</p> | <p>*LINK TO ANNUAL HEALTH CHECK VIDEO* https://www.youtube.com/watch?v=5FWFfh_2wVo</p> |