

Step 1: Sensory Smart Environment:

My Views: ‘My Day’

Name:

School Setting:

Activity	What do I feel? *			What would help me?
Wake Up				
Get dressed				
Brush teeth				
Have breakfast				
Walk to school				
Walk from school				
Have a snack at home				
Doing homework				
Watching television				
Before dinner				
Dinner time				
Bath time				
Story time				
Go to bed				