



Elective Home Education

Whether you're just starting your home education journey or have been navigating it for a while, we'd like to thank all families who continue to engage positively with our team. Our aim is to support you in providing a suitable and enriching education for your child at home – acknowledging the time, care and commitment you give to your child's learning.

Key Reminders:

- **HELO contact:** Home Education Link Officers
- **EHC Plans:** SEND colleagues arrange reviews
- **0–19 Public Health Nursing Service:** all children
- **National Exams:** EHE parents are responsible

Support & Resources

EHE can be both rewarding and challenging - we're here to signpost and help you access useful tools.

Important Free Learning Resources

- **BBC Bitesize** – free lessons/revision materials for all key stages: www.bbc.co.uk/bitesize
- **Oak National Academy** – online lessons and curriculum support: www.thenational.academy

Social Prescribing

- a way for health and education professionals to help young people improve their wellbeing by connecting them with non-medical support.
- social prescribers take time to understand needs, signposting access to things like:
 - local groups or clubs in parts of Derbyshire
 - mental health and wellbeing activities
 - parenting support / peer networks
 - volunteering opportunities
- social prescribing is helpful for families who can acknowledge the need for support:
 - feeling overwhelmed or isolated
 - wanting to build confidence and purpose
 - looking to strengthen their child's wellbeing
- Overall, it's about empowering families to take steps to make a big difference in their lives.
- Please use the following link for more details: [Social Prescribing - Derbyshire Local Offer](#)

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There's a straightforward way to think about Social Prescribing, based on a simple traffic light system:

- **RED** – complex and/or severe mental health issues may require more appropriate specialist help needing more than social prescribing
- **AMBER** – social prescribing could support alongside specialist support such as CAMHS (Child and Adolescent Mental Health Services)
- **GREEN** – referral to Youth Social Prescribing likely to be more appropriate, please look at: [Youth Social Prescribing Service Referral Form](#)

Events / Workshops

As a Local Authority, we can't recommend private events – but do acknowledge specific suggestions from EHE families. So, if you know of a great resource or group you'd like to share with other families, please let us know - we'd love to include it in future newsletters – for example:

Go Ape [Home Education | Schools | Go Ape](#)

- Giving specific opportunities to meet fellow EHE families and enjoy an outdoor experience.
- Courses offering children adventurous fun, negotiating crossings & completing obstacles.
- As a registered EHE family, you will receive a discounted school rate.

HEFF Festival <https://heffestivals.co.uk>

- The next will be taking place 13th-20th August 2026 at Staffordshire Showground.
- It's a weeklong camp for home educating families run by volunteers – with activities, workshops, evening bands and entertainment.



Open Top Bus Tour [Peak Sightseer | Stagecoach](#)

- Visiting Peak District's popular destinations

